

## Summer Hill Staff

**Main Office:** (201) 848-5848  
**Office Hours:** 8 a.m. to 4 p.m.  
**Fax:** (973) 633-9023

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**Resident Director**  
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**Isabel Galindo**  
**Occupancy Specialist**  
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**Susan Matyiku**  
**Service and Activity Coordinator**  
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**Kim Martin, OTR/L,**  
**Wayne Rehab Services Manager**  
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**Rev. Anthony Matias**  
**Chaplain**  
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**Maintenance**  
(201) 848-5859

**Rolando Diaz**  
**Superintendent**  
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**Home Care Options**  
(973) 897-5550

**For medical emergencies or**  
**emergency call bells, dial 911**

**Summer Hill of Wayne Beauty**  
**Parlor** (201) 897-5381

## Summer Hill February Inspection Schedule

- Wednesday, February 11: Apartments 1201 to 1205
- Thursday, February 12: Apartments 1206 to 1211
- Friday, February 13: Apartments 1212 to 1218

Specific times for each individual apartment are not available. If you have a conflict or any questions, call Maintenance at (201) 848-5859.

## Summer Hill February Extermination Schedule

- Tuesday, February 10: Building Two, floor 3: Apartments 2301 to 2328
- Tuesday, February 24: Building Two, floor 4: Apartments 2401 to 2428

A Maintenance team member will accompany the exterminator. Call Maintenance with questions at (201) 848-5859.

\*If you notice any insects or pests in your apartment, please call the Maintenance line at (201) 848-5859 right away. Do not try to treat the issue yourself – it's important we're made aware as soon as possible so it can be properly addressed.

Seeing one or two bugs doesn't necessarily mean there's an infestation; our professional exterminator will assess the situation and decide on the appropriate next steps.



## Summer Hill Highlights

February 2026

**News for Summer Hill of Wayne | A Christian Health Community**

## Community Chat

**Wednesday, February 25, at 2 p.m. in the Community Room**

Come to our Community Chat and find out what's happening in the Summer Hill community. Discover exciting upcoming events and news and learn more about the Service Coordination program. Residents are encouraged to share their event and activity suggestions. You won't want to miss it! Call Susan to register (201) 848-5837.

## Vote in the Special Primary Election

Wayne Township is participating in the **Special Primary Election for New Jersey's 11th Congressional District (CD-11)**, which will take place on **Thursday, February 5, 2026**. The winner of this primary will advance to the Special General Election on April 16, 2026, to fill the seat vacated by Mikie Sherrill. Registered Summer Hill voters can vote in the Community Room between 6 a.m. to 8 p.m. on Thursday, February 5, 2026. For questions regarding voting, please contact the Passaic County Clerk's Office at (973) 881-4127.

## Urgent Pet Reminder

Please clean up after your dog. Solid pet waste must be picked up by the owner, sealed in a plastic bag, and deposited into one of the green outdoor garbage cans. **Failure to comply is in violation of your pet agreement and could result in legal action.**

## Creating With Clay

Residents created snowmen ring holders with Debbie from Creating with Clay. Pictured: Angela Thompson, Vicky Dedolce, Margaret Necita, Lynne Ross, Janet Rosolanko, Pat Schut, Laura Nicoll, art instructor Debbie, John Nicoll, Marianne Hernandez, Marge Verdon-Szwed, and Pat Dyche



## Service Coordinator's Corner

### Podiatry Services with Dr. Witkin (House calls only)

Receive personalized care in the comfort of your apartment! Call Dr. Witkin to schedule your appointment at (973) 696-6677.

**Rehabilitation services** are available to residents at the Wyckoff campus. Free transportation is available. Services include: **physical therapy (PT), occupational therapy (OT), and speech/cognitive therapy (ST)**. For additional information or to schedule your therapy, please call Kim Martin, OTR/L, Wayne Rehab Services Manager, at (201) 848-5915.

**Free Exercise Classes:** There will be no exercise in February. Look for an updated exercise schedule in a future Summer Hill Highlights Newsletter.

**Mobile optometry services** are available on-site. Services include comprehensive eye exams/screenings, contacts and frames, and much more. For additional information, please contact Susan Matyku, Service and Activity Coordinator, at (201) 848-5837.

**Blood-Draw Clinic:** Thursday, February 19 (every third Thursday), at 10 a.m. in the boardroom in Summer Hill Two

The Valley Hospital holds a monthly blood-draw clinic every third Thursday. Residents must present their Medicare/insurance card and a physician's prescription. Results will be sent to the prescribing physician. You must register and provide copies of insurance and prescriptions to Susan by the Monday of the week of the blood draw. To avoid unexpected out-of-pocket costs, please check with Susan for a list of insurance plans accepted by Valley Hospital Lab.

## Stress-Busting Program for Family Caregivers

NewBridge Services presents Stress-Busting Program for Family Caregivers™. Participants and caregivers will:

- Learn about stress and its effects
- Practice stress-management techniques
- Develop problem-solving skills

Each participant will receive a handbook and meditation CD, and refreshments will be provided! The program will run for four weeks, and each session is 90 minutes. **Thursdays, February 12, 19, 26, and March 5, at 2 p.m. in the Community Room.** RSVP with Susan (201) 848-5837 by February 5.

**\*Limited to the first eight registrants. Preference will go to residents and their caregivers/home health aides.**

## Activities

**Catholic Mass** – The first three Wednesdays of the month at 1 p.m. in the Community Room

**Faith Talk** – Wednesdays at 2 p.m. in the Community Room\* **Faith Talk is canceled on February 25.**

**Card Games** – 2 p.m. in the game room of Summer Hill Two, floor 4

**Cornhole** – Tuesday, February 3, at 11 a.m. in the Community Room

**Trivia** – Tuesday, February 10, at 11 a.m. in the Community Room

**Bean Bag Toss Game** – Tuesday, February 17, at 11 a.m. in the Community Room

Toss the bean bag into the six-hole targets and score points.

**Sing-a-long** – Wednesday, February 18, at 3 p.m. in the Community Room

**Tech Assistance with Matt** – Thursdays from 4 p.m. to 5 p.m. in the Community Room

Get assistance with your phones, tablets, and laptops! Call Susan at (201) 848-5837 to schedule an appointment with teen volunteer Matt.

## Special Events

**New! Chair Zumba with Susan** – Monday, February 9, at 10 a.m. in the Community Room

Join us for 30-minute seated Zumba broadcast on the big-screen TV. Go at your own pace; includes seated exercise for all levels. RSVP with Susan at (201) 848-5837.

**Country/Gospel Performance by Volunteer John Smith** – Tuesday, February 10, at 2 p.m. in the Community Room

Register with Susan by February 4.

**Valentine Tea/Coffee – Friday, February 13, from 10 a.m. to 11 a.m. in the Community Room**

Come and enjoy coffee, tea and pastries to celebrate Valentine's Day. Registration is required by Friday, February 6. Call Susan to register at (201) 848-5837

**St. Joseph's Health's Lunch and Learn at Siena Village – Wednesday, February 18, at 11 a.m. "Age-Related Macular Degeneration (AMD)/Low Vision Awareness and Eye Health"** Presented by Dr. Parekh

Dr. Parekh will share valuable information about AMD and low vision. Find out more about screenings and treatment. \*Lunch will be provided. Please register by February 13. Call Susan at (201) 848-5837. **Free transportation**

**Special Mardi Gras Musical Event – Florian Schantz Jazz Combo: Sunday, February 22, at 2 p.m. in the Community Room**

Celebrate Mardi Gras with an extraordinary musical concert from a very special jazz band and a sweet treat. Register with Susan by February 13. A minimum of 20 is required. **Bingo is canceled.**

**NewBridge Services – A great resource for residents!** Tuesday, February 24, 2 p.m. in the Community Room

Discover all the great services that NewBridge has to offer. Register with Susan by February 20.

## Faith Talk

Greetings Summer Hill residents! You are cordially invited to Faith Talk on Wednesdays at 2 p.m. in the Community Room with Rev. Anthony Matias – Chaplain for Christian Health.

Faith Talk is a time to pray, learn, share, and connect with your neighbors of different backgrounds, cultures, and denominations. Join me as we explore how to maintain a vibrant spiritual life in challenging times.

## HVAC Filter Cleaning

HVAC filter cleaning for Summer Hill Two, Building 2, will start in February. Our Maintenance team will also change the batteries in the smoke detectors during this time. Carbon monoxide detectors are designed to last up to 10 years. These units are not due for replacement, but if you hear a beeping sound, please place a Maintenance work order. The schedule is listed below. Work will take place between 10 a.m. and 4 p.m., but we aren't able to give exact times for each apartment. You don't need to be home while the work is done.

- Week of February 2-6: Apt 1401 to 1418 (Building 1)
- Week of February 9-13: Apt 2101 to 2124
- Week of February 16-20: Apt 2201 to 2228
- Week of February 23-27: Apt 2301 to 2328
- Week of March 2-6: Apt 2401 to 2428

If you have any questions, please contact Sari Rosenfeld at (201) 848-5859.

## Laundry Room Basics

As a shared common space, we ask that all residents are respectful and considerate when using the laundry rooms. Please keep in mind the following:

- Residents are permitted to use laundry rooms on other floors.
- Laundry detergent options include laundry pods (place on top of clothes toward the front of the drum), powdered detergent (place in the drum, not in the dispenser with clothes), and liquid detergent (place only 1/8 to 1/4 cup in the dispenser).
- Powdered bleach goes in the drum.
- Fabric softener can be placed in the dispenser.
- Clean dryer lint traps after each use.
- Do not overload the machines, or they will not wash or dry properly.
- Wipe each machine out and clean dryer lint traps after each use.
- Do not leave cleaning materials or laundry in the laundry room except when doing laundry.
- Do not deposit any refuse in the laundry room trash container except normal trash incurred from laundering.
- Do not use more than one washer or dryer at a time so that all residents have an opportunity to do their laundry.
- Remove your laundry as soon as the cycle ends.
- Clean up detergent spills.
- If an aide or family member does your laundry for you, please make sure they are aware of the laundry room policies.

If you have any issues with the machines, residents should follow these steps:

- Write down the ID number on the machine.
- Call (201) 848-5859 to report the problem. Be sure to mention the floor that the machine is located on and that you are a Summer Hill resident.

## Snow Removal Procedure

Snow plowing at Summer Hill of Wayne begins when snowfall reaches two inches or more. Roadways, sidewalks, common areas, and visitor parking are prioritized to ensure access for emergency vehicles and staff.

Please understand that resident vehicles and parking spaces will be cleared as soon as reasonably possible, typically within 24 hours after the storm ends. We are not able to accommodate special requests, as the parking areas must be cleared in an organized and consistent manner. If you need your space cleared sooner for work or a scheduled appointment, you will need to do so yourself or make arrangements with a family member or friend.

New this year, we have snow removal equipment that allows staff to remove snow between parking spaces without requiring residents to move their vehicles. However, once your space has been cleared, if you later clear off your vehicle and create additional snow in the space, staff will not return to clear it again. Residents who plan to clear their own vehicles are encouraged to do so as soon as the snowfall ends.

Residents may also choose to pay for staff to clear their vehicle and parking space. The cost is \$20 for cars and \$25 for vans or SUVs. **CASH will NOT be accepted for snow removal.** Please put check payable to Summer Hill of Wayne II, LLC, in an envelope with your name, apartment number, and car keys, and place it in the snow removal box located in the package room of your building. Do not place this envelope in the rent box. Maintenance staff will return your keys once the work is completed.

## Important Summer Hill Pet Information

As per your lease, pet registration must be updated annually and must include a certificate of inoculation and evidence that the pet complies with state and local licensing requirements.

### HOW DO I GET MY PET LICENSE AND VACCINES?

#### Wayne Township Pet License Information

The pet license renewal period begins the first business day of January and ends February 15. Renewals after this period are subject to a \$10 late fee per animal. Proof of rabies vaccine must be submitted with each license application. Any rabies vaccine which expires before November 1 of the licensing year will require an updated vaccine prior to the issuance of the pet license. This is mandatory for both dogs and cats. All certificates received will be returned with the new license.

#### Wayne Township offers free rabies vaccinations to all dogs and cats.

The Township hosts a free rabies clinic in May and November at the Town Garage on Dey Road. Dogs and cats must be licensed once they have a current rabies vaccination. You can also visit your veterinarian to schedule your pet's vaccines. **If you are looking for a veterinarian, please check your Summer Hill Resource Directory for local listings.**

**\*For additional license and vaccine information, please contact Wayne Township Animal Control at 973-694-1800 x 4704.**



# February 2026



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1  <b>Bingo</b> 2 p.m. Community Room  	2  <b>Bingo</b> 2 p.m. Community Room  <b>Groundhog day</b>	3  <b>Cornhole</b> 11 a.m. Community Room	4  <b>Catholic Mass</b> 1 p.m. Community Room  <b>Faith Talk</b> 2 p.m. Library	5  <b>Special Election</b> Polls open 6 a.m. to 8 p.m.  <b>Community room closed for other activities</b>	6  <b>Bingo</b> 2 p.m. Community Room	7  <b>Resident Saturday Social</b> 6:30 p.m. Community Room
8  <b>Bingo</b> 2 p.m. Community Room	9  <b>Chair Zumba</b> 10 a.m. Community Room  <b>Bingo</b> 2 p.m. Community Room	10  <b>Trivia</b> 11 a.m. in the Community Room  <b>Country Gospel music with John Smith</b> 2 p.m. Community Room	11  <b>Catholic Mass</b> 1 p.m. Community Room  <b>Faith Talk</b> 2 p.m. Library	12  <b>Stress Buster</b> 2 p.m. Community Room  <b>Tech Assistance</b> 4 p.m. Community Room	13  <b>Valentine Tea</b> 10 a.m.—11 a.m. Community Room  <b>Bingo</b> 2 p.m. Community Room	14    <b>Resident Saturday Social</b> 6:30 p.m. Community Room
15  <b>Bingo</b> 2 p.m. Community Room	16  <b>Bingo</b> 2 p.m. Community Room  <b>Office Closed /no bus</b>  	17  <b>Bean Bag Toss</b> 11 a.m. Community Room  <b>Chinese New Year</b>  <b>Ramadan begins at sundown</b>	18  <b>Wellness Wednesday</b> 11 a.m. Siena Village  <b>Catholic Mass</b> 1 p.m. Community Room  <b>Faith Talk</b> 2 p.m. Community Room  <b>Sing A Long</b> 3 p.m. Community Room  <b>Ash Wednesday</b>	19  <b>Blood Draw Clinic</b> 10 a.m. Boardroom, Building 2  <b>Stress Buster</b> 2 p.m. Community Room  <b>Tech Assistance</b> 4 p.m. Community Room	20  <b>Bingo</b> 2 p.m. Community Room	21  <b>Resident Saturday Social</b> 6:30 p.m. Community Room
22  <b>Mardi Gras Celebration</b> 2 p.m. Community Room  <b>NO BINGO</b>	23  <b>Bingo</b> 2 p.m. Community Room	24  <b>NewBridge Services</b> 2 p.m. Community Room	25  <b>Community Chat</b> 2 p.m. Community Room	26  <b>Stress Buster</b> 2 p.m. Community Room  <b>Tech Assistance</b> 4 p.m. Community Room	27  <b>Bingo</b> 2 p.m. Community Room	28  <b>Resident Saturday Social</b> 6:30 p.m. Community Room